

Level 2 Award in Manual Handling – Principles and Practice (QCF)



Course Name

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Who is this qualification designed for?

The course is suitable for a wide range of staff from those with obvious work related handling tasks through to sales and office staff who may appear to have much less manual handling involved in their work related activities. All are vulnerable to manual handling injuries (whether at work or at home), so all will benefit from a knowledge of good technique.

Course Content

1. To understand the reasons for safe manual handling
2. To understand how manual handling risk assessments contribute to improving health and safety
3. To understand the principles, types of equipment and testing requirements associated with manual handling safety
4. To be able to apply safe manual handling principles

The course is delivered by our instructors who are highly qualified and have many years of experience.

Duration

This is a 6-hour classroom based course. Dependant on the learner's experience, there may well be some pre-course or post-course reading.

Number of Delegates

Maximum Number of 16
Minimum of 14 years of age

Certification

Practical assessment is on-going by the instructor, culminating with a written test.

This is a lifetime qualification, although refresher training of a three yearly period is always recommended.

Cost

Price includes training and assessment.
Please call us for latest prices, dates and locations.

